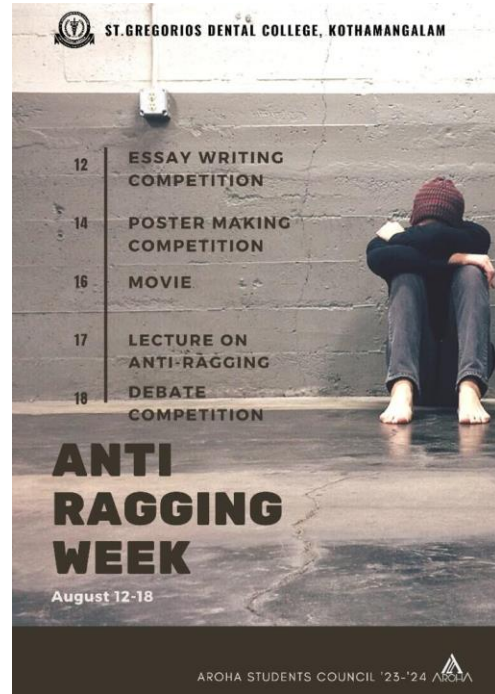


ANTI RAGGING WEEK REPORT 2023

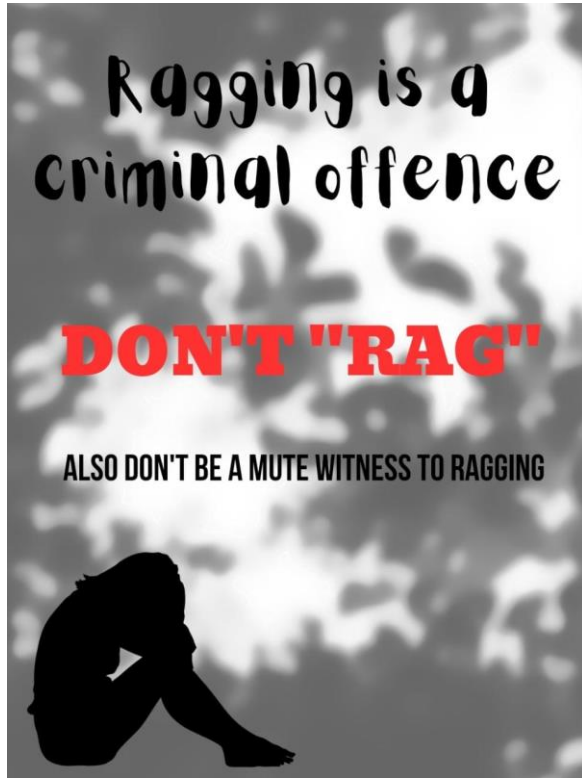
The Anti-Ragging Week at St. Gregorios Dental College, held from August 12th to August 18th, 2023, was a resounding success with a variety of engaging activities aimed at raising awareness about the harmful effects of ragging. The students exhibited active participation in the following events:



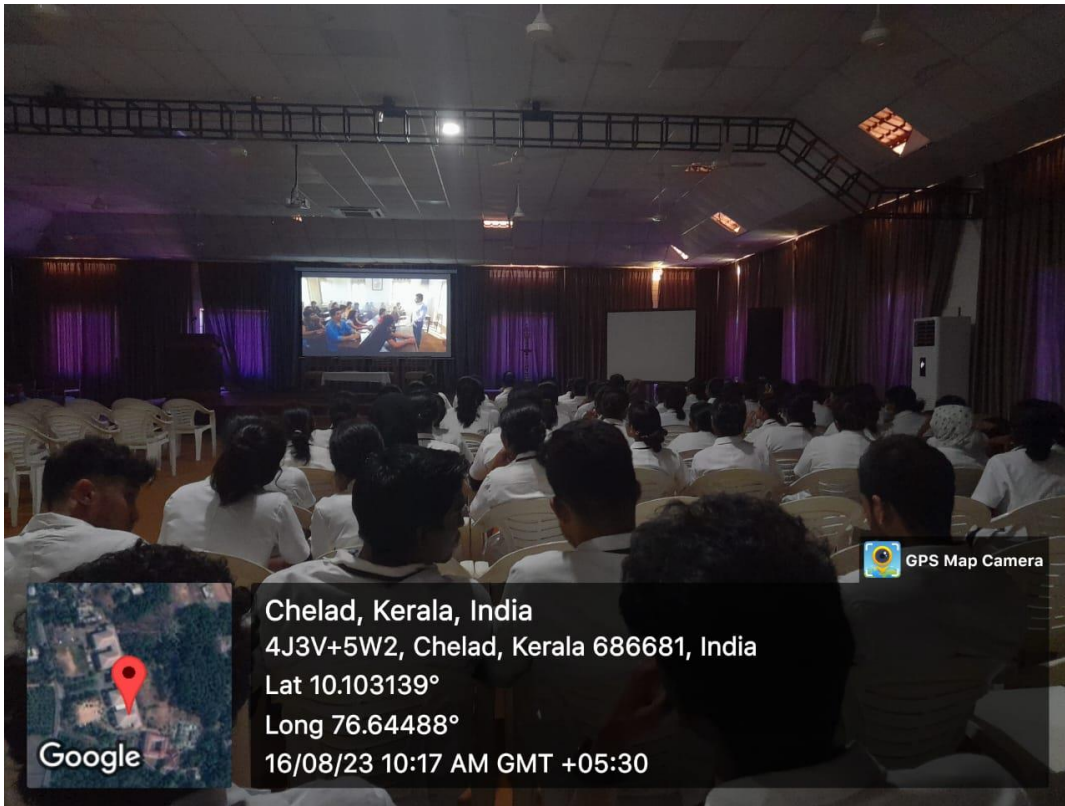
August 12th - Essay Writing Competition: A thought-provoking essay writing competition on the topic "Effects of Ragging on Mental Health" was conducted. Students showcased their writing skills while discussing the serious consequences of ragging on individuals' psychological well-being.



August 14th - Poster Making Competition: The creativity of the students was on display during the poster making competition with the theme "Anti-Ragging." The artistic representations served as powerful visual messages against ragging and its negative impact.



August 16th - Documentary Movie Screening: An impactful documentary downloaded from www.antiragging.in was screened, shedding light on real-life incidents and stories related to ragging. The movie served as an eye-opener, encouraging reflection and understanding among the students.



August 17th - The Orientation programme started at 10 am with a prayer song followed by Principals' address and Introduction of chief guest by Dr. Jain Mathew, Principal of St. Gregorios Dental College. Orientation Programme by Bijoy P T: A significant event was the orientation programme led by Bijoy P T, CI of Police, Kothamangalam. His insights and expertise provided students with a deeper understanding of the legal and social aspects of ragging. The chief guest Mr Bijoy P T presented the award and certificates to the winners. The vote of thanks was delivered by Dr. Reshma Raju, anti ragging cell coordinator of St. Gregorios Dental College.



Mime Performance: First-year students showcased a powerful mime performance that portrayed the harsh realities of ragging. This visual representation effectively conveyed the emotions and struggles faced by victims.



August 18th - Debate Competition: A lively debate competition was held, focusing on the "Pros and Cons of Ragging." Students engaged in thoughtful discussions, presenting various perspectives on the topic and highlighting the importance of fostering a safe and respectful environment.



Throughout the Anti-Ragging Week, the college community demonstrated a strong commitment to eradicating ragging and promoting a nurturing environment for all students. The various competitions and activities served as platforms to sensitize students about the negative consequences of ragging and encouraged them to actively prevent it.

The college extends its gratitude to all participants, organizers, and special guest speakers for making the Anti-Ragging Week a meaningful and impactful event. The hope is that this awareness will continue to resonate, contributing to a ragging-free campus and a positive academic atmosphere.